

TRIO/SSS Connections

December 2018

Study Tips for Finals

- Ask your instructor questions if you do not understand something.
- Review old exams or create a mock exam for yourself.
- Don't skip meals!
- Drink plenty of water and keep hydrated.
- Review materials in several short time periods instead of one long session.
- Know the bolded and italicized terms.
- Create your own memory game matching words with definitions.
- Put your cell phone on silent.
- Consider taking brief walks or getting in a little exercise between studying.
- Read your notes and other text out loud.
- Attend a review session or organize a study group session.

Remember to always read the directions on the test before starting.

*You better not shout,
You better not cry,
You better not pout,
I'm telling you why...*

Finals Week is coming around



Need a little pick-me-up during finals week?
Check out the coffee bar and various snacks
at TRIO SSS in Library 141.
Staff are here to help!



TRIO
STUDENT SUPPORT SERVICES

TRIO Student Support Services
Located: Room 141 Library Building
Office Hours: Monday—Friday
8am-5pm
406-657-2162
trio_sss@msubillings.edu
www.msubillings.edu/ss/


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Access & Excellence

December Trivia



Match the Quote to the Christmas Movie (Answers on page 8)

<u>Quote</u>	<u>Movie</u>
1. "Hey, have you seen these toilets? They're GINORMOUS!" ____	A. Rudolph the Red-Nosed Reindeer
2. "The heavenly aroma still hung heavy in the house. But it was gone, all gone! No turkey! No turkey sandwiches! No turkey salad! No turkey gravy!" ____	B. Miracle on 34th Street
3. "Since the United States Government declared this man to be Santa Claus, this court will not dispute it. Case dismissed." ____	C. A Christmas Story
4. "In putting on the suit and entering the sleigh, the wearer waives any and all rights to any previous identity, real or implied, and fully accepts the duties and responsibilities of Santa Claus in perpetuity until such time that wearer becomes unable to do so by either accident or design." ____	D. The Grinch Who Stole Christmas
5. "Every time a bell rings, an angel gets his wings." ____	E. Elf
6. "Well, someday I'd like to be a dentist." ____	F. It's a Wonderful Life
7. "He puzzled and puzzled til his puzzler was sore." ____	G. The Santa Clause

Now Taking Tutor Requests

Even though we are just coming to the close of the Fall 2018 semester, it's not too early to begin preparing for next semester by getting your Tutor Request forms in. Remember, tutor requests are filled on a first come, first served basis and our tutors' schedules fill up quickly. You can request a form in the TRIO office or they can be found at

www.msubillings.edu/sss/pdf/Tutor%20Request%20Form%202018%20Fillable.pdf



Not sure what to do with those old textbooks?



Consider donating them to TRIO SSS!

Just drop them off at Library Room 141 or call Tracie at 657-1675.



Holly Jolly

Word Search

Candy Cane

Tree

Santa

Christmas

Hanukkah

Lights

Kwanza

Frosty

Presents

Eggnog

Rudolph

Yule Log

Holly

Star

Grinch

Sleigh Bells

Snow

M	E	S	H	A	K	K	U	N	A	H	N	Q	E	F
R	E	C	H	R	I	S	T	M	A	S	W	S	O	G
U	W	Y	R	S	M	U	U	H	R	L	O	S	B	E
Y	F	Q	F	T	C	V	K	F	Y	E	N	T	P	Q
L	R	W	M	H	A	D	R	W	U	I	S	A	Q	P
L	O	U	Y	G	N	N	H	W	L	G	S	R	E	R
O	S	W	X	I	D	V	P	C	E	H	T	Y	X	E
H	T	I	T	L	Y	R	M	K	L	B	G	N	K	S
C	Y	A	G	P	C	Z	W	S	O	E	E	L	M	E
N	S	K	L	O	A	A	C	U	G	L	W	K	F	N
I	A	Q	E	V	N	B	A	A	Z	L	S	D	E	T
R	X	E	X	Z	E	G	Q	L	Y	S	A	N	D	S
G	R	J	A	A	X	O	G	C	I	C	N	Z	F	U
T	O	A	T	E	R	C	B	E	B	S	T	G	K	W
I	J	L	H	P	L	O	D	U	R	J	A	E	Q	I

Stellar Student November 2018

Cassidi Partridge

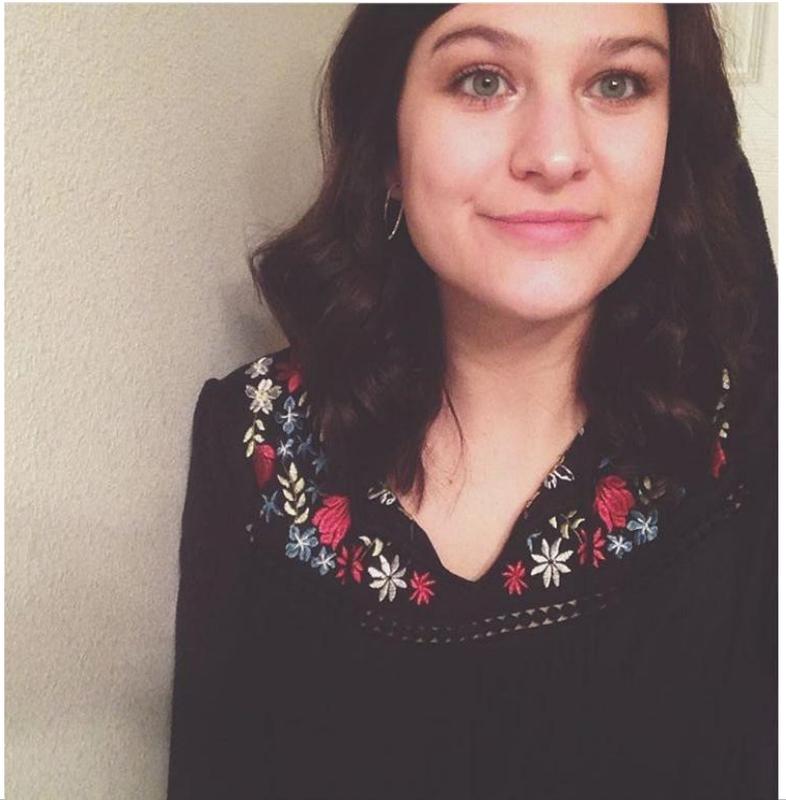
Cassidi Partridge is a senior studying Health and Wellness. She currently works part-time as a Certified Nursing Assistant and is very active in TRIO SSS. After she graduates from MSUB, Cassidi plans to attend graduate school and become an Occupational Therapist. She wants everyone to know that she has a hearing disability and it has not stopped her from doing anything.

How has TRIO SSS helped you?

Cassidi: "TRIO SSS has showed me that it's okay to ask for help. I feel like TRIO SSS has made me step up and be more confident. I have also made amazing friends and get warm hugs. Because of TRIO, I am where I need to be. Also, Keith is one of the greatest people I have ever met and he's an amazing tutor. Because of him, I got A's on all of my Psychological Stats tests!"

What are 5 random facts about you?

1. I would much rather wear scrubs than casual or dress clothes. They are so comfortable!
2. I love dogs.
3. I've been in college for almost 5 years!
4. I actually thought of becoming a math teacher.
5. My favorite holiday is Halloween.



Stellar Student December 2018

Elizabeth Fisher

Elizabeth Fisher is a very involved student at Montana State University Billings and in the Billings community. She is currently in her junior year and is involved in Club Art Collective and HEROES. Elizabeth is studying Elementary Education with an Art Education Minor. Her dream job is to become an Art Teacher. After she graduates, Elizabeth plans to teach at Lockwood Elementary School. Currently, Elizabeth works at the Academic Support Center as a Supplemental Instructor and Administrative Assistant. She is also a mentor for high school students at the Montana Center for Inclusive Education.

How has TRIO SSS helped you?

Elizabeth: "TRIO has been there to support me in so many ways. Whether I just need a hug, a snack, a friend, a mentor, or an excellent tutor; you guys are always there."

What do you want people to know about you?

Elizabeth: "I am a hard worker, mother of two boys, wife, and student who loves being in the outdoors, traveling, music, and socializing with my friends and family."

What are 5 random facts about you?

1. I have tie dyed for many years.
2. I have a sweet and salty tooth.
3. I am quite crafty when I want to be.
4. I was born in Japan.
5. I snowboarded for 25 years.



Now Hiring Tutors For the Spring 2019 semester!

**Tutors needed for
math, the sciences,
and other subjects**

For an application contact Tracie Musso in Library 141 or by email at tracie.musso@msubillings.edu

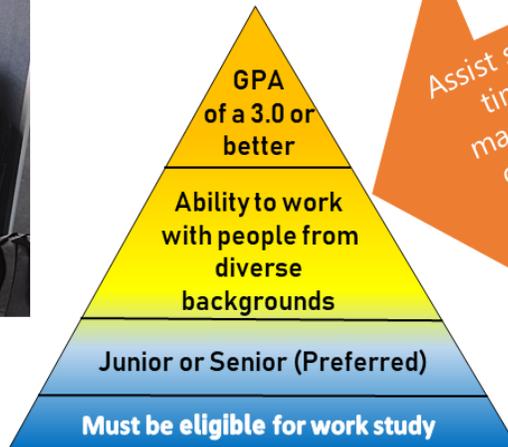


Now Hiring Peer Mentors!



**Guide other
students to
success!**

Qualifications:



Assist students with study skills, time management, stress management, finding on and off campus resources, and much more!



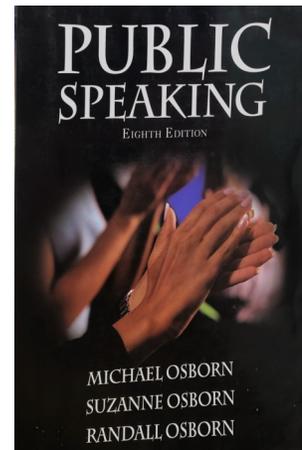
Get an application by:

- A. Going to Library room 141
- OR
- B. Emailing Stephen at

Stephen.Stefan@msubillings.edu



Reminder: Return all checked out items to TRIO SSS by December 14th!



Activities & Important Dates

Free snacks, coffee, and cocoa for TRIO Students— December 5th-13th, Library Room 141

Jingle and Mingle—December 7th, 5PM-7PM, Rimrock Café

City College Nursing Pinning Ceremony—December 14th at 4PM, Petro Theater

For more information [click here](#) to see the master calendar



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