# **GREAT NORTHWEST ATHLETIC CONFERENCE** Contact: Bob Guptill (509-535-5291/Fax 535-5293/e-mail – bguptill@gnacsports.com)

### 2007-08 Report 15 (Nov. 26, 2007)

# Men's Basketball

	W	L	W	L	Н	Α	Ν
Seattle University	0	0	4	0	2-0	0-0	2-0
Northwest Nazarene	0	0	3	0	1-0	0-0	2-0
Western Washington	0	0	4	1	3-0	0-0	1-1
Seattle Pacific	0	0	3	1	1-1	0-0	2-0
Western Oregon	0	0	2	1	1-0	0-1	1-0
Central Washington	0	0	2	1	2-1	0-0	0-0
Alaska Fairbanks	0	0	3	2	3-2	0-0	0-0
Alaska Anchorage	0	0	2	3	2-3	0-0	0-0
Saint Martin's	0	0	1	3	0-0	0-1	1-2
Montana State Billings	0	0	0	5	0-0	0-1	0-4

Division II Games: Seattle 4-0, Alaska Anchorage 2-0, Northwest Nazarene 2-0, Western Washington 3-1, Seattle Pacific 2-1, Central Washington 1-1, Western Oregon 1-1, Saint Martin's 1-3, Alaska Fairbanks 0-0, MSU Billings 0-5. West Region Games: Seattle 4-0, Northwest Nazarene 2-0, Western Washington 2-1, Seattle Pacific 1-1, Central Washington 1-1, Saint Martin's 1-3, Alaska Fairbanks 0-0, Alaska Anchorage 0-0, Western Oregon 0-0, \*MSU Billings 0-3. (\*MSUB region record includes games against schools in states of North Dakota, South Dakota, Wyoming and Colorado).

LAST WEEK: Monday – CSU Monterey Bay 75 at Western Washington 87. Thursday – Great Alaska Shootout (Texas Tech 74, Alaska Anchorage 47). Friday – Great Alaska Shootout (Western Kentucky 71, Alaska Anchorage 67); Nebraska Omaha Invitational (St. Cloud State 89, MSU Billings 68); CSLA Classic (Cal State L.A. 97, Saint Martin's 73); Notre Dame de Namur Classic (Seattle 74, Cal State Monterey Bay 71); WWU Chuck Randall (Seattle Pacific 107, Bloomfield 77; Western Washington 85, Northwest 69); North Dakota Invitational (Western Oregon 80, Montevallo 73). **Saturday** - Great Alaska Shootout (Eastern Washington 64, Alaska Anchorage 62); Montana Tech 80 at Central Washington 95; Nebraska Omaha Invitational (Nebraska Omaha 113, Montana State Billings 56); Pacific 69 at Northwest Nazarene 75; CSLA Classic (Seattle 79, San Francisco State 60); WWU Chuck Randall (Seattle Pacific 99, Northwest 69; Western Washington 99, Bloomfield 58); North Dakota Invitational (North Dakota 60, Western Oregon 58).

**UPCOMING:** Friday - CWU Tournament #2 (BYU-Hawaii vs. Western Oregon, 5 p.m.; Central Washington vs. Ohio Valley, 7 p.m.); NNU Shilo Inn Classic (Colorado Mines vs. MSU Billings, 5 p.m.; NNU vs. Colorado Christian, 7 p.m.); CSU Pueblo Chuck Stephens (Saint Martin's vs. Colo. St. Pueblo, 8 p.m.); Western State at Seattle Pacific. **Saturday**- CWU Tournament #2 (Ohio Valley vs. Western Oregon, 5 p.m.; Central Washington vs. BYU-Hawaii, 7 p.m.); NNU Shilo Inn Classic (Colorado Christian vs. MSU Billings, 3:30 p.m.); NNU Solorado Mines, 5:30 p.m.); CSU Pueblo Chuck Stephens (Saint Martin's vs. Regis, 4 p.m.); Western State at Seattle, 7:30 p.m.; Walla Walla at Western Washington, 6 p.m.

ALL-TOURNAMENT: UAF Top of the World (Nov. 15-18) – Mladen Begojevic, UAF. Central Washington (Nov. 16-17) – Jake Beitinger, CWU; Brandon Foote, CWU; Tyler Roberts, NNU; Adam Shildmyer, NNU. Seattle Pacific (Nov. 16-17) – Rob Will, SPU; Ira Graham, WWU. Western Washington (Nov. 23-24) – Ira Graham, WWU; Calin Schell, WWU; Rob Diederichs, SPU; Rob Will, SPU. Great Alaska Shootout (Nov. 21-24) – Carl Arts, UAA.

**GNAC COACHES POLL:** 1. Alaska Anchorage (7) 104; 2. Seattle Pacific (1) 87; 3. Seattle (2) 84; 4. Western Washington and Central Washington 62; 6. Saint Martin's 52; 7. Northwest Nazarene 40; 8. Western Oregon 35; 9. Montana State Billings 18; 10. Alaska Fairbanks 16. **Note:** First-place votes in parenthesis.

Points awarded on 11-9-8-7-6-5-4-3-2-1 basis. MSUB record in Heartland Conference).

GNAC PLAYERS-OF-THE-WEEK: Ira Graham, Western Washington (G, 6-1, Jr., Fontana, CA) and Brad Krichevsky, Western Oregon (G, 5-10, Sr., Beaverton, OR - Pacific). . .Graham scored 34 points (12-23 FG, 1-4 3-FG, 9-11 FTs) to earn MVP honors in the 10<sup>th</sup> annual Chuck Randall Classic. He also had five rebounds, three steals and seven assists. In three wins, including a 12-point victory over Cal State Monterey Bay on Monday, Graham netted 66 points on 60 percent shooting (24-40) and had 10 rebounds, five steals and 11 assists and did not commit a turnovers. He made four of nine trevs and 14 of 16 free throws. . Krichevsky scored 36 points as the Wolves split two games at the North Dakota Invitational, defeating 15<sup>th</sup> ranked Montevallo 80-73 before losing on a shot with four seconds left to host North Dakota 60-58. Krichevsky, who also had nine steals, made 12 of 24 shots, eight of 17 from the arc. He also had six assists

**HONORABLE MENTION:** Rob Diederichs, Seattle Pacific (F, 6-8, So., Shoreline, WA - Shorewood) made 75 percent of his shots (18-24), including eight of 10 treys, and scored 45 points in leading the Falcons to two wins in the Randall Classic. Diederichs also had seven assists in earning all-tournament honors. . .Carl Arts, Alaska Anchorage (F, 6-6, Sr., Valdez, AK) scored 50 points (16-34 FGs, 17-21 FTs) and also had 30 rebounds, five assists and three steals in earning all-tournament honors in the Great Alaska Shootout. Arts is the GNAC career active leader in both points (983) and rebounds (530).

**AROUND THE GNAC:** Alaska Anchorage point guard Luke Cooper had 27 assists in the Great Alaska Shootout increasing his career total to a GNAC record 617. He broke the old GNAC record of 600 assists set by Western Oregon's Kevin Tyner between 2002-03 and 2005-06.

### TEAM NOTES

Alaska Anchorage: Carl Arts moved into a seventh place tie on the all-time Great Alaska Shootout career scoring list netting 50 points to increase his career total to 127. The Seawolves also got 35 points from McCade Olsen in their three losses, two of which were by four and two-point margins.

**Alaska Fairbanks:** The Nanooks are in the midst of a 40-day stretch in which they play just two games, next Thursday (Dec. 6) at UC San Diego and next Saturday (Dec. 8) at Division I UC Irvine. UAF's only other December games are Dec. 28-29 at Anchorage in the Glacier Classic.

**Central Washington:** Matt Penoncello scored 30 points and also led the Wildcats with five assists and two steals in their 95-80 win over NAIA Montana Tech. . .Central will be without returning starter Johnny Spevak for at least one more week. Spevak caught an 18-yard touchdown pass with 1:36 left as the

Wildcats stunned Northwest Regional top-ranked Nebraska Omaha 20-17 Saturday, advancing the Wildcats into the NCAA Division II football quarterfinals.

**Montana State Billings**: Aaron Terry led Montana State Billings with 42 points and 17 rebounds as the Yellowjackets, who were playing without Jeff Miner, were outscored 202-124 in sustaining two losses in a tournament at Omaha. MSUB made just 30 percent of its shots (39-130), 22.4 from the three-point line (13-58).

**Northwest Nazarene:** Kendall Gielow scored 21 points and had seven rebounds and Scott Helpenstell had 17 points and eight rebounds as the Crusaders improved to 3-0 with a six-point win over Division III Pacific University.

Saint Martin's: Jake Linton scored 38 points and also had 10 assists and Bill Richardson scored 23 points and pulled down 14 rebounds to lead the Saints in the Cal State L.A. Classic. Linton was three of three from the foul line to extend his GNAC record streak to 41, including 25 this season. He is the GNAC all-time leader with a 91.9 career free throw percentage. . . SMU was outshot 48.9 to 44.6 and turned the ball over 47 times in sustaining two losses.

**Seattle:** Shaun Burl led the Redhawks with 34 points (11-14 FGs, 3-3 three-pointers) and 10 assists in wins versus Cal State Monterey Bay and San Francisco State. Seattle U. also got 26 points from Ricky Berry and 19 points and 17 rebounds from Michael Wright.

**Seattle Pacific:** The Falcons made 62 percent of their shots (80-129) in posting two 30-point wins over Bloomfield and Northwest. In addition to an 18 of 24 performance by Rob Diederichs, Rob Will made 19 of 24 shots and Casey Reed was 10 of 14. Will had 41 points, 18 rebounds, four assists, four blocks and three steals in earning all-tournament honors.

**Western Oregon:** Stanley Ratcliff pulled down 17 rebounds and Dane Johnson had 11 assists to lead WOU in those respective categories as the Wolves split two games at North Dakota. Western Oregon shot 50.5 percent from the floor (48-95) in the two contests.

**Western Washington:** Joining Ira Graham on the alltournament team in the Randall Classic was teammate Calin Schell, who scored 20 points and pulled down a team-best 18 rebounds. Schell made nine of 18 shots as the Vikings shot 50.4 percent in the tournament.

### Women's Basketball

	w	L	w	L	н	Α	N
Alaska Anchorage	0	0	4	0	4-0	0-0	0-0
Seattle University	0	0	4	0	3-0	1-0	0-0
Central Washington	0	0	3	0	1-0	0-0	2-0
Seattle Pacific	0	0	2	0	2-0	0-0	0-0
Northwest Nazarene	0	0	3	1	2-0	1-0	0-1
Saint Martin's	0	0	2	1	1-0	0-0	1-1
Alaska Fairbanks	0	0	1	1	1-1	0-0	0-0
Western Washington	0	0	2	4	1-2	0-0	1-2
Western Oregon	0	0	1	3	0-0	0-0	1-3
Montana State Billings	0	0	1	3	1-1	0-1	0-1

Division II Games: Central Washington 2-0, Seattle Pacific 2-0, Seattle 2-0, Northwest Nazarene 3-1, Saint Martin's 2-1, Alaska Fairbanks 1-1, Western Washington 2-4, MSU Billings 1-3, Western Oregon 1-3, Alaska Anchorage 0-0. West Region Games: Seattle 2-0, Saint Martin's 2-0, Northwest Nazarene 3-1, \*MSU Billings 1-1, Western Washington 1-2, Western Oregon 1-3, Alaska Anchorage 0-0, Central Washington 0-0, Seattle Pacific 0-0, Alaska Fairbanks 0-1, (\*MSUB region record includes games against schools in states of North Dakota, South Dakota, Wyoming and Colorado).

LAST WEEK: Monday - BYU-Hawaii 43 at Saint Martin's 69. Tuesday – UAA Great Alaska Shootout (UAA 80, Cleveland State 72, ot). Wednesday – UAA Great Alaska Shootout (UAA 52, Santa Clara 50); San Francisco State 46 at Seattle 69. Friday – UAF Mt. McKinley Bank North Star (Alaska Fairbanks 90, Merrimack 72); MSUB Yellowjacket Classic (Northwest Missouri State 74, MSU Billings 59); NNU Hampton Inn Classic (Western Oregon 82, Humboldt State 80; Northwest Nazarene 72, Cal State Stanislaus 61); WWU Goodrich Classic (Western State 65, Saint Martin's 56; San Francisco State 68, Western Washington 63). Saturday - UAF Mt. McKinley Bank North Star (Chico State 74, Alaska Fairbanks 65); MSUB Yellowjacket Classic (MSU Billings 82, Regis 57); NNU Hampton Inn Classic (CSU Stanislaus 85, Western Oregon 79; Northwest Nazarene 95, Humboldt State 87); WWU Goodrich Classic (Saint Martin's 63, San Francisco State 49; Western State 65, Western Washington 60); Cascade 51 at Seattle 90. Sunday – Cascade 59 at Central Washington 109.

**UPCOMING: Tuesday** – Puget Sound at Seattle Pacific. **Wednesday** – Notre Dame de Namur at Saint Martin's; Hawaii Pacific at Central Washington. **Friday** – UAA Glacier Classic (Mesa State vs. Alaska Fairbanks, 5 p.m.; Chaminade vs. Alaska Anchorage, 7 p.m.); SU Dave Cox Classic (Hawaii Pacific vs. Central Washington, 5 p.m.; Seattle vs. Notre Dame de Namur, 7 p.m.). **Saturday** – UAA Glacier Classic (Chaminade vs. Alaska Fairbanks, 5 p.m.; Mesa State vs. Alaska Anchorage, 7 p.m.); SU Dave Cox Classic (Notre Dame de Namur vs. Central Washington, 3 p.m.; Seattle vs. Hawaii Pacific, 5 p.m.); MSU Billings at Colorado Mines, 2 p.m.; Whitman at Northwest Nazarene, 1:30 p.m.; Puget Sound at Saint Martin's. **Monday (Dec. 3)** – Chaminade at Alaska Anchorage.

**GNAC Coaches Poll:** 1. Seattle Pacific (5) 99; 2. Alaska Anchorage (4) 95; 3. Western Washington (1) 80; 4. Seattle 71; 5. 57; 6. Montana State Billings 56; 7. Central Washington 43; 8. Saint Martin's 24; 9. Western Oregon and Alaska Fairbanks 19. (**Note:** First-place votes in parenthesis. Points awarded on 11-9-8-7-6-5-4-3-2-1 basis.).

ALL-TOURNAMENT: UAA (Nov. 20-21) – Rebecca Kielpinski, UAA (MVP); Maria Nilsson, UAA; Kalhie Quinones, UAA. Western Washington (Nov. 23-24) – India Soo, WWU; Tara Holgate, WWU; Jamey Gelhar, SMU. Northwest Nazarene (Nov. 23-24) – Jennifer Williams, NNU; Kristin Hein, NNU; Leada Berkey, WOU. UAF Mt. McKinley Bank North Star Classic (Nov. 23-24) – Sheena Brown, UAF; Kari Reabold, UAF.

**GNAC PLAYER-OF-THE-WEEK:** Rebecca Kielpinski, Alaska Anchorage (C, 6-2, Jr., Mandon, ND) scored 33 points, including 23 in the championship game, to lead the Seawolves to their second straight Great Alaska Shootout title. Her layup with four seconds left snapped a 50-50 tie against Santa Clara, capping off an 11-0 run in the final 6:23. Kielpinski, who made 13 of 26 shots, also had 19 rebounds (seven offensively) in earning Tournament MVP honors for the second year in a row. It is Kielpinski's seventh career Player-of-the-Week award, setting a GNAC record for women's basketball.

**HONORABLE MENTION:** Sheena Brown, Alaska Fairbanks (G, 5-8, Jr., Fairbanks, AK - Lathrop) scored 40 points and also had five assists and four steals to earn all-tournament honors as the Nanooks beat Merrimack and gave Chico State a tussle before losing by nine in the Mt. McKinley Bank North Star Classic. . .Jennifer Williams, Northwest Nazarene (P, 6-2, Jr., Boise, ID - Centennial) scored 33 points and had 18 rebounds

and nine assists to lead the Crusaders to two wins in the NNU Hampton Inn Classic. Williams had 24 points and 11 rebounds in Saturday's eight-point win over Humboldt State to earn all-tournament honors. . . Leada Berkey, Western Oregon (G, 5-8, Sr., Amity, OR) scored 48 points, including 36 in a six-point loss to Cal State Stanislaus, as the Wolves split two games in the NNU Hampton Classic. Berkey, who made 18 of 35 shots and also had five assists, was also named to the all-tournament team. . .Chelsea Morrison, Seattle University (F, 5-11, Jr., Portland, OR - YVC) made 14 of 23 shots, including eight of 13 treys, and scored 38 points to lead the Redhawks to two wins. Morrison also had five rebounds and a team-best three blocks.

**AROUND THE GNAC:** Kielpinski needs just six more points to become the 28<sup>th</sup> member of the 1,000-point club. She became the 19<sup>th</sup> member of the 600 rebound club against Santa Clara and now ranks 16<sup>th</sup> with 608. . .Berkey's 36-point effort against Cal State Stanislaus was her seventh career 30-point game, breaking the GNAC record of six she previously shared with Adrienne Taalak of Alaska Fairbanks.

#### TEAM NOTES

Alaska Anchorage: UAA has won five straight games against Division I opponents, four in the last two Shootouts and the fifth in exhibition game against Washington State. Joining Kielpinski on the Shootout all-tournament team were teammates Maria Nilsson (28 points, nine rebounds) and Kalhie Quinones (25 points, 7 assists, five steals).

Alaska Fairbanks: Sheena Brown and Kari Reabold, who were both named to the all-tournament team, accounted for half of the Nanook points in the Mt. McKinley Bank North Star Classic. Reabold finished with 38 points and had team-highs of 15 rebounds and seven assists.

**Central Washington:** Shaina Afoa had 18 points, 15 rebounds, three assists and three blocks and Hanna Hull scored 19 points in a 109-59 win over Cascade. The Wildcats also got 16 points each from Kristina Klapperich and Brooke Fernandez and 11 assists from Ashley Fenimore. The 109 points was the second most in school history.

**MSU Billings:** Kayla McPherson and Alira Carpenter each scored 28 points as the Yellowjackets split two games in their own tournament. MSUB shot 41.6 percent in the two contests, despite making just 10 of 47 treys (21.3). Its opponents were just nine of 57 from outside the arc.

Saint Martin's: Jamey Gelhar scored 42 points and also had 11 rebounds and 10 assists as the Saints opened the season winning two of three games. Gelhar made nine of 13 treys in the three contests. Thirty-one of her points came in the Lynda Goodrich Classic as she earned all-tournament honors. Sade Smith had 23 rebounds to lead her team to a 135-99 domination of the backboards.

**Northwest Nazarene:** The Crusaders were the only team to finish the Hampton Classic with a 2-0 record. Joining Jennifer Williams on the all-tournament team was teammate Kristin Hein, who had 31 points and 24 rebounds. Another good choice would have been Janee Olds, who led NNU with 34 points,

including 16 in the second half in their win over Humboldt. Olds made seven of 12 treys.

**Seattle:** The Redhawks held their opponents to a 33.3 percent field goal percentage and had a mammoth 95-53 rebounding advantage in a pair of victories. Quinn Brewe had 16 rebounds, Kamrica Ary-Turner had 15 and Laina Sobczak had 14, eight at the offensive end. Ary-Turner is perfect so far this season from the arc, making all six of her three-point attempts. Going back to her final game of the 2006-07 season, she has made eight straight treys, one short of the GNAC record.

**Seattle Pacific:** The Falcons play Puget Sound on Tuesday, its only contest during a 20-day stretch before returning to Division II West Region action Dec. 7-8 when they host Sonoma State and Chico State in a GNAC/CCAA Challenge tournament.

Western Oregon: After edging Humboldt State 82-80, the Wolves nearly overcame a 28-point deficit before losing by six to Cal State Stanislaus. Nebraska Kearney transfer Katie Torland had 22 points and 13 rebounds to key the HSU win and finished the weekend with 39 points, 21 rebounds and eight steals.

**Western Washington:** India Soo led Western Washington with 25 points and 11 rebounds and Sarah Schramm and Claire Pallansch each had 22 points as the Vikings, who had lost just one game in 10 previous Goodrich Classics, dropped a pair of five-point decisions. Tara Holgate led WWU with 15 rebounds. Soo and Holgate were named to the all-tournament team.

#### Volleyball

	С	onfer	ence			All		
	w	L	GW	GL	W	L	GW	GL
Western Washington	17	1	53	7	24	4	78	21
Western Oregon	13	5	42	24	16	10	56	42
Northwest Nazarene	12	6	42	27	18	9	64	42
Central Washington	12	6	40	25	13	14	52	50
MSU Billings	10	8	36	36	18	10	61	49
Seattle Pacific	10	8	39	32	15	11	54	47
Seattle	7	11	30	39	10	16	43	54
Alaska Fairbanks	4	14	23	45	10	16	42	59
Saint Martin's	4	14	16	43	4	24	20	73
Alaska Anchorage	1	17	10	53	5	19	22	66

NCAA PACIFIC REGIONALS (Nov. 15-17 at San Bernardino): Thursday – #3 UC San Diego d. #6 Northwest Nazarene, 23-30, 30-25, 30-25, 26-30, 15-13; #2 Western Washington d. #7 Chico State, 30-26, 30-19, 30-28; #5 Cal State L.A. d. #4 Cal Poly Pomona 28-30, 30-26, 30-22, 32-34, 19-17; #1 Cal State San Bernardino d. #8 Western Oregon, 30-21, 30-15, 30-10. Friday – Western Washington d. UC San Diego, 23-30, 26-30, 30-21, 30-25, 15-12; CSU San Bernardino d. Cal State L.A., 30-26, 21-30, 30-24, 30-19. Saturday – Western Washington d. Cal State San Bernardino, 30-28, 30-24, 30-23.

NCAA ELITE EIGHT (Nov. 29-Dec. 1 at Topeka, KS): Thursday – Concordia-St. Paul (33-4) vs. California, Penn. (36-3), noon; West Texas A&M (35-7) vs. Grand Valley State (33-3), 2:30 p.m.; Western Washington (24-4) vs. Dowling (39-7), 5 p.m.; Washburn (37-3) vs. Tampa (31-2), 7:30 p.m. Friday – Semifinals at 4 p.m. and 6:30 p.m. Saturday – Championship at 5 p.m. (All games CST).

CSTV/AVCA National Division II (Nov. 19) - 15. Western Washington. NCAA Division II Pacific Region (Final) - 1. Cal State San Bernardino); 2. Western Washington; 3. UC San Diego; 4. Cal Poly Pomona; 5. Cal State L.A.); 6. Northwest Nazarene; 7. Chico State; 8. Western Oregon); 9. Seattle Pacific; 10. Sonoma State.

NCAA National Statistics (Through Regionals): Kills - 20. Alyssa Given, SPU, 4.56; 42. Devon Crotteau, MSUB, 4.23. Hitting Percentage - 30. Tiana Roma, WWU, .358; 37. Rachael Schurman, CWU, .342. Assists - 40. Katie Robinson, WWU, 11.90. Aces - 22. Erin Norris, CWU, 0.69; 23. Alyssa Given, SPU, 0.68; 32. Angie Alvord, WWU, 0.65; 33. S. A., MSUB, 0.65. Digs - 1.

Courtney Schneider, WWU, 7.58; 50. Torii Mount, SPU, 5.36. Blocks - 9. Cammy Dranginis, NNU, 1.42; 10. Angie Alvord, WWU, 1.39; 25. Rachael Schurman, CWU, 1.29; 27. Emily Powell, SU, 1.29. **Team (Top 50):** Kills - 34. Western Washington 15.37. Hitting PCT. - 20. Western Washington .254. Assists - 41. Western Washington 13.90. Digs - 10. Western Oregon 20.89, 39. Seattle 19.47; 40. Western Washington 19.45. Blocks - 24. Western Washington 2.61, 33. Central Washington 2.56; 48. Northwest Nazarene 2.46.

**COURTNEY SCHNEIDER UPDATE:** Courtney Schneider will complete her career as the No. 3 all-time dig leader in NCAA Division II history. Schneider upped her career total to 2,594 in the Pacific Regionals, moving from sixth to third on the NCAA Division II career list. The top two – Holly Morgan of Tiffan, Ohio (3,107 between 2003 and 2006) and Katie Tarka of Central Missouri (3,016 between 2003 and 2006) are out of reach for Schneider, who will finish her career as the all-time leader in dig average. Her current average of 6.94 easily outdistances the No. 2 average of 6.06 by Dawn Peipjer of East Stroudsberg (2003-06).

#### ALL-REGION TEAMS

DAKTRONICS PACIFIC REGION (SIDs): First Team – Alyssa Given, Seattle Pacific (OH, 5-10, Sr., Salinas, CA); Rebecca Bailey, UCSD (OH, 5-9, Jr., Escondido, CA); Sharea Drawn, CSU San Bernardino (MB, 6-0, Sr., Sun City, CA); Fabiane Seben, Hawaii Hilo (MB, 6-1, So., Caxias Do Sul, Brazil); Jessica Granados, CSU San Bernardino (RS, 6-0, Jr., Beaumont, CA); Sara Hoffman, CSU San Bernardino (S, 5-6, So., San Clemente, CA); Courtney Schneider, WWU (L, 5-9, Sr., Snohomish, WA). **Second Team** – Lindsay Macias, Chico State (OH, 5-11, Jr., Irvine, CA); Jaime Anderson, WWU (OH, 6-0, Sr., SeaTac, WA); Antoinette Kathol, Cal Poly Pomona (MB, 6-2, Sr., Sierra Madre, CA); Cammy Dranginis, NNU (MB, 6-0, So., Nampa, ID); Amber Ries, UC San Diego (RS, 6-1, Sr., La Verne, CA); Erica Brick, Chico State (S, 5-6, Jr., Laguna Biguel, CA); Taylor Manton, Sonoma State (L, 5-9, Sr., Santa Rosa, CA).

AVCA PACIFIC REGION (Coaches): First Team - Jaime Anderson, Western Washington (OH, 6-0, Sr., SeaTac, WA); Rebecca Bailey, UC San Diego (OH, 5-9, Jr., Escondido, CA); Alyssa Given, Seattle Pacific (OH, 5-10, Sr., Salinas, CA); Lindsay Macias, Chico State (OH, 5-11, Jr., Irvine, CA); Cammy Dranginis, Northwest Nazarene (MB, 6-0, So., Nampa, ID); Sharea Drawn, CSU San Bernardino (MB, 6-0, Sr., Sun Valley, CA); Tiana Roma, Western Washington (MB, 6-0, Jr., Spokane, WA); Rachael Schurman, Central Washington (MB, 6-0, Jr., Spokane, WA); Vanessa Williams, Cal Poly Pomona (MB, 6-1, Jr., Riverside, CA); Jessica Granados, CSU San Bernardino (RS, 6-0, Jr., Beaumont, CA); Sara Hoffman, CSU San Bernardino (S, 5-6, So., San Clemente, CA); Courtney Schneider, Western Washington (L, 5-9, Sr., Snohomish, WA). Coach-of-the-Year - Diane Flick, Western Washington.

CoSIDA ALL-DISTRICT (Academic): District 7, First Team – Alicia Cazemier, MSU Billings (Biology/Chemistry, 3.74, Sr., Vauxhall, ALB). District 8, Second Team – Courtney Schneider, WWU (Community Health, 3.59, Sr., Snohomish, WA); Lisa Martini, WOU (Exercise Science, So., 3.94, Philomath, OR); Stacey Bennett, WOU (Psychology, Jr., 3.89, Portland, OR). Third Team – Alyssa Given, SPU (Nursing, Sr., 3.82, Salinas, CA).

NCAA PACIFIC REGION ALL-TOURNAMENT (Nov. 15-17 at San Bernardino): Western Washington – Jaime Anderson, Emily Castro, Angie Alvord, Courtney Schneider. CSU San Bernardino – Sharea Drawn, Jessica Granados, Sara Rice, Sara Hoffman. Cal State L.A. – Bianco Gorospie, Lindsay Laakso. UC San Diego – Rebecca Bailey, Sylvia Schmidt.

### Women's Soccer

	Conference				All						
	W	L	Т	GF	GA	Pts	w	L	Т	GF	GA
Seattle Pacific	14	0	0	32	8	42	23	0	0	61	10
Seattle	12	2	0	29	9	36	17	3	1	48	11
Western Washington	8	5	1	26	16	25	13	6	1	37	17
MSU Billings	5	8	1	23	25	16	9	10	1	37	31
Central Washington	4	8	2	15	19	14	7	10	4	28	28
Western Oregon	4	8	2	11	23	14	4	12	4	13	31
Northwest Nazarene	4	9	1	18	26	13	7	10	2	28	32
Saint Martin's	1	12	1	9	38	3	2	17	1	16	61

NCAA FAR WEST REGIONALS (Nov. 8-15): Thursday - #5 CSU Dominguez Hills 2, #4 UC San Diego 1 (ot; at SPU). Friday - #6 Cal State L.A. 0, #3 Chico State 0 (CSLA wins shootout 3-1; at SU). Saturday – CSUDH 0 at Seattle Pacific 3. Sunday – Cal State L.A. 0 at Seattle 0 (CSLA wins shootout 4-2). Thursday – Seattle Pacific 2, Cal State L.A. 0. NCAA QUARTERFINALS (Nov. 17 at Seattle): Saturday – Seattle Pacific 4, Incarnate Word 0.

NCAA FINAL FOUR (Nov. 29-Dec. 1): Thursday – Tampa (18-2-3) vs. Grand Valley (21-0-1), 3 p.m. (CST); Franklin Pierce (17-1-5) vs. Seattle Pacific (23-0-0), 5 p.m. (CST). Saturday – Championship at noon (Televised by CSTV).

NSCAA National (Oct. 30) - 2. Seattle Pacific, 11. Seattle. NSCAA Far West Regional (Final) - 1. Seattle Pacific, 2. Seattle, 7. Western Washington. NCAA Division II Far West Region (Final) - 1. Seattle Pacific; 2. Seattle; 3. UC San Diego; 4. Cal State Dominguez Hills; 5. Chico State; 6. Western Washington; 7. Cal State L.A.; 8. BYU-Hawaii; 9. Hawaii Hilo.

NCAA National Statistics (Prior to Final Four): Individuals: Points - 31. Sarah Martinez, SPU, 1.87; 34. Leah Wymer, SU, 1.81. Goals - 29. Leah Wymer, SU, 0.81; 40. Sarah Martinez, SPU, 0.74. Assists - 4. Meredith Teague, SPU, 0.70; 5. Ashley Porter, SU, 0.67; 33. Claire Morgan, WWU, 0.50. Goals Against - 4. Jesslyn Rahm, SPU, 0.38; 10. Kaitlyn Jackson, SU, 0.52; 30. Teresa Fish, WWU, 0.83. Save PCT. - 38. Amber Easterbrook, CWU, .835. Saves - 31. Breanna Klasen, SMU, 7.16. **Team**: Scoring - 21. Seattle Pacific 2.62; 42. Seattle 2.29. Goals Against - 7. Seattle Pacific 0.47; 9. Seattle 0.52; 34. Western Washington 0.82. Shutout Percentage - 9. Seattle and Seattle Pacific .619; 21. Western Washington .550.

ALL-TOURNAMENT: Sonoma State (Aug. 23-25) – Jasmine Wilson, SU; Madison Collins, SU; Ashley Porter, SU; Leah Wymer, SU); Kaitlyn Jackson, SU; Kate Edstrom, SU. Humboldt State (Aug. 30-Sept. 1) – Trisha Halvorson, SMU (MVP); Julianna Sackeyfio, SMU.

#### ALL AMERICAN TEAMS

COSIDA ACADEMIC: Second Team- Ashley Porter, Seattle (MF, Marketing, Sr., 3.81, Redmond, WA). Third Team - Katie McNutt, NNU (F, Elementary Education, Sr., 3.99, Vancouver, WA).

#### ALL REGION TEAMS

DAKTRONICS (SIDs): First Team, Forwards - Sarah Martinez, SPU (Sr., Bothell, WA); Leah Wymer, Seattle (Sr., Bothell, WA). Midfielders - Meredith Teague, SPU (Jr., Redmond, WA). Defenders - Madison Collins, Seattle (Jr., Boise, ID); Claire Grubbs, SPU (Jr., Sterling, VA). Player-of-the-Year - Sarah Martinez, SPU. Second Team, Forwards - Claire Morgan, WWU (Fr., Bellingham, WA). Midfielders - Kara Hamby, SPU (Sr., Spokane, WA); Shannon Oakes, SPU (Jr., Boise, ID); Ashley Porter, Seattle (Sr., Redmond, WA). Defenders - Abby Bennett, MSU Billings (Sr., Livingston, MT); Katie Warner, WWU (Jr., Burlington, WA). Goalkeeper - Jesslyn Rahm, SPU (So., Eugene, OR).

Academic District VIII Women (First Team): Forward - Katie McNutt, NNU (Elementary Education, Sr., 3.99, Vancouver, WA). Midfield - Ashley Porter, Seattle (Marketing, Sr., 3.81, Redmond, WA); Amanda Font, WWU (Computer Science, Sr., 3.89, Federal Way, WA). Defender - Kate Edstrom, Seattle (Nursing, So., 3.96, Portland, OR); Claire Grubbs, SPU (Psychology, Jr., 3.95, Sterling, VA); Mickey Pelland, Seattle (Spanish, Sr., 3.86, Seattle). **Goalkeeper** - Amanda Peters, NNU (Biology & Chemistry, Sr., 4.00, Spokane, WA).

# **Men's Soccer**

NSCAA National (Oct. 30) - 5. Seattle. Far West Regional (Final) - 1. Seattle, 5. MSU Billings; 7. Seattle Pacific, 8. Western Washington. NCAA Division II Far West Regional (Final) – 1. Cal State Dominguez Hills; 2. Seattle; 3. Sonoma State; 4. Grand Canyon; 5. MSU Billings; 6. Western Washington.

NCAA National Statistics (Prior to Final Four): Individuals: Points - 3. Sam Charles, MSUB, 2.56; 45. Jason Cascio, SU, 1.61. Goals Per Game - 3. Sam Charles, MSUB, 1.19; 33. Jason Cascio, SU, 0.72. Goals Against - 6. Emerson DeOliveira, SU, 0.60; 16. Sander Tollefson, MSUB, 0.74; 26. Michael Lockwood, WWU, 0.81; 36. Kellen Rosten, SPU, 0.96. Saves - 27. Zac Lubin, SMU, 5.53. Save Percentage - 22. Michael Lockwood, WWU, .823; 24. Kellen Rosten, SPU, .818. Team (Top 50): Scoring - 18. Montana State Billings 2.56; 36. Seattle 2.16. Goals Against - 9. Seattle 0.67; 14. Montana State Billings 0.71; 24. Western Washington 0.84; 41. Seattle Pacific 1.01. Shutout Percentage - 13. Montana State Billings .500, 29. Seattle .421; 34. Western Washington .400. Save Percentage - 23. Western Washington .817; 29. Seattle Pacific .805.

ALL-TOURNAMENT: Sonoma State (Aug. 24-26) – Jason Cascio, SU (Offensive MVP); John Fishbaugher, SU; Andrew Kreiter, SU; Emerson DeOliveira, SU. Humboldt State (Aug. 30-Sept. 1) – Tucker Maxwell, SMU; Vlad Voin, SMU; Daniel Palermo, SPU.

#### ALL REGION TEAMS

DAKTRONICS (SIDs): Forwards - Sam Charles, MSUB (So., Redmond, WA); Jason Cascio, SU (Sr., Gilbert, AZ). Midfielders - John Fishbaugher, Seattle (Sr., Redmond, WA); Jeff Hallenbeck, SPU (Sr., Redmond, WA). Defenders -Dustin Allbery, Seattle (Sr., Spokane, WA). Second Team, Forwards - Gibson Bardsley, WWU (Fr., Fall City, WA). Midfielders - Matt Pele, WWU (Jr., Kennewick, WA). Defenders - Matt Kemper, SPU (Sr., Colorado Springs, CO). Goalkeepers - Michael Lockwood, WWU (Sr., Canby, OR); Kellen Rosten, SPU (Sr., Colorado Springs, CO).

Academic District VIII (First Team): Forward - James Coggan, SPU (Biology, Sr., 3.70, San Jose, CA). Midfield - Jeff Hallenbeck, SPU (Business Administration, Sr., 3.71, Redmond, WA); John Fishbaugher, Seattle (Biology, Sr., 3.45, Redmond, WA). Defender - Drew Macha, SPU (Business Administration, Sr., 3.82, Eugene, OR); Chris Hodges, Seattle (Finance & Management, Jr., 3.55, Redmond, WA). Goalkeeper - Michael Lockwood, WWU (Economics/Accounting, Sr., 3.36, Canby, OR). Academic District VII Men (First Team): Forward - Sam Charles, MSU Billings (Health & Human Performance, So., 3.81, Weymouth, England). Midfield - Justin Hoskins, MSU Billings (Accounting, Jr., 3.93, Billings, MT).

# **Cross Country**

USTFCCAA NATIONAL AWARDS: Female Athlete of the Year – Jessica Pixler, Seattle Pacific. West Region: Female Athlete of the Year – Jessica Pixler, Seattle Pacific. Male Athlete of the Year – John Riak, Saint Martin's. Female Team Coach of the Year – Doris Heritage, Seattle Pacific.

USTFCCA NATIONAL POLL (Nov. 7): Men – 16. Western Washington. Women – 4. Seattle Pacific. West Regional (Final): Men – 1. Chico State, 2. Western Washington, 3. UC San Diego, 4. Western Oregon; 5. Alaska Anchorage; 6. CSU Stanislaus; 7. Humboldt State; 8. Central Washington; 9. BYU-Hawaii; 10. San Francisco State. Women – 1. Seattle Pacific; 2. Cal State L.A.; 3. Chico State; 4. UC San Diego, 5. Northwest Nazarene; 6. Seattle; 7. Cal Poly Pomona, 8. Western Oregon; 9. Central Washington; 10. Western Washington.

## Football

CoSIDA ALL-DISTRICT (Academic): Quarterback – Mike Reilly, CWU (Mechanical Engineering, 3.49, Jr., Kalispell, MT). Offensive Line – David Lambo, CWU (Graphic Design, 3.41, Sr., Woodinville, WA); Brett Rhodes, WOU (Physical Education, 3.57, Sr., Canby, OR). Linebackers – Buddy Wood, CWU (Exercise Science, 3.50, So., Chattaroy, WA). Defensive Backs – Zach Christopherson, WOU (Chemistry, 3.37, Sr., Portland, OR); Jon Rogers, CWU (History, 3.34, Jr., North Pole, AK).

# **All-Sports Standings**

**Overall (5 of 14 sports):** Western Washington 66, Western Oregon 61, Seattle Pacific 55, Seattle 54, Central Washington 46, Northwest Nazarene 43, MSU Billings 33, Alaska Anchorage 32, Alaska Fairbanks 21, Saint Martin's 21.

**Men (2 of 7 sports):** Western Washington 26, Seattle 20, Western Oregon 18, Alaska Anchorage 16, Central Washington 14, Alaska Fairbanks 12, MSU Billings 10, Northwest Nazarene 8, Seattle Pacific 8, Saint Martin's 8.

**Women (3 of 7 sports):** Seattle Pacific 47, Western Oregon 43, Western Washington 40, Northwest Nazarene 35, Seattle 34, Central Washington 32, MSU Billings 23, Alaska Anchorage 16, Saint Martin's 13, Alaska Fairbanks 9.

Conference Champions: Men's Cross Country – Western Washington. Men's Soccer – Seattle University. Volleyball – Western Washington. Women's Cross Country – Seattle Pacific. Women's Soccer – Seattle Pacific.