

Montana State University Billings is committed to providing a safe and healthy environment free from tobacco use for its students, employees, and visitors. Starting August 15, 2012, MSU Billings and all of its campuses will be tobacco free.

### **PURPOSE**

A tobacco-free campus:

- Provides a healthy and safe environment free from tobacco;
- Protects people from exposure to secondhand smoke;
- Eliminates litter associated with tobacco use;
- Creates an environment more conducive in quitting tobacco for current users.

#### **POLICY**

The use, sale, or distribution of tobacco products is prohibited on all properties owned, operated, or leased by Montana State University Billings. This policy is effective August 15, 2012.

# **Definition of tobacco**

Tobacco is defined as all tobacco-derived or containing products, including, but not limited to, cigarettes (clove, bidis, kreteks), cigars and cigarillos, hookah- smoked products, and oral tobacco (spit and spitless, smokeless, chew, snuff). Additionally, any nicotine delivery device that has not been approved by the FDA for cessation is included in this policy.

## **Usage**

The usage of tobacco by students, employees, visitors, guests, and contractors is prohibited on all properties owned, operated, or leased by MSU Billings.

### **Defined tobacco-free environments**

Tobacco is prohibited on all property owned, operated, or leased by MSU Billings and satellite campuses, including:

- all interior space on the MSU Billings campus and property leased by MSU Billings
- all outside property or grounds on MSU Billings campuses, including areas such as walkways, parking lots, sky bridges, and patios;
- all outside property leased by MSU Billings;
- all vehicles owned or leased by MSU Billings;
- all indoor and outdoor athletic facilities.

# **HOW TO QUIT**

Thinking about giving up your smoke or snuff? Whether you're six months away from quitting or ready to quit tomorrow-we've got resources for you at MSUB.

- Referrals for prescription medication are available for students at Students Health Services.
- Quit kits are available at the front desk of Student Health Services on campus. The Quit Kits includecinnamon
  candies, straws and toothpicks to have in your mouth when trying to quit, as well as silly putty to have in your
  hands.
- Spit Kits are available at the front desk of Student Health Services on campus. Spit Kits include cinnamon candies, gum, straws and toothpicks to keep in your mouth when trying to quit tobacco.

# **FIND OUT MORE**

