

# MEDICAL



# WELLNESS



# COUNSELING



Your on-campus resource to help you thrive and succeed:

- Medical Care
- Mental Health Counseling
- Health Education and Wellness

University Campus  
2nd Floor Petro

City College  
2nd Floor Tech Building

## Eligibility

Students registered for seven (7) or more credits are automatically assessed the Student Health Services fee. It is an optional fee for students taking less than seven credits. For fee information visit: [msubillings.edu/studenthealth/faq.htm](http://msubillings.edu/studenthealth/faq.htm)

## Appointments

To access our services call (406) 657-2153 Monday-Friday 8-5.

## Accredited Healthcare Organization

We are dedicated to providing the highest quality healthcare possible to students who access our services. We are accredited by the Accreditation Association for Ambulatory Health Care, Inc. (AAAHC), whose mission is improving health care quality through accreditation. By achieving accreditation, we have shown that we provide the highest quality of care possible and demonstrate operational efficiency and effectiveness.



## Medical Services

We offer routine and urgent care appointments with our highly experienced Advanced Practice professionals. A Registered Nurse is available to assess the needs of students for urgent care concerns or advice when office visits are not available.

Students have access to the services above and many more -- the same care you would receive from a health care provider in the community.

### Did you know?

95% of student were satisfied or very satisfied that the provider listened carefully to their concerns\*

\*MSUB Patient Satisfaction Assessment Survey (2021-2022)

## Student Wellness

We positively impact the personal well-being and academic success of MSU Billings students. We enhance the campus environment by utilizing research-based strategies, our Health Educators Reaching Others and Encouraging Success (HEROES) peer education program, and collaborations with faculty, staff, students, and local community.



[msubillings.edu/studenthealth](http://msubillings.edu/studenthealth)



# Mental Health Counseling

Mental health counseling provides counseling, consultation, outreach and education. We do this to promote and enhance students' academic success, mental health, personal development, and foster a culture of positive mental health at MSU Billings. Arrive a few minutes early to complete paperwork before your first appointment.

If you're feeling unsure about counseling, visit our website for an anonymous online screening: [ulifeline.org/msubillings/](https://ulifeline.org/msubillings/). We also know that many students have never been to a mental health counselor before, and we're happy to explain the process and answer any questions you may have.

## We can help with:

- *Anxiety*
  - *Homesickness*
  - *Alcohol/drug issues*
  - *Relationship concerns*
  - *Academic stress*
  - *Depression*
  - *Sexuality and LGBTQ2I concerns*
  - *Grief*
  - *Trauma*
- and more...

## We're here to help!

The top five academic impacts for MSUB students include\*:

- 1) Procrastination
- 2) Finances
- 3) Health of someone close to me
- 4) Depression
- 5) Death of family member, friend or someone close

\*MSUB American College Health Association National College Health Assessment II (2021)



**We opened the MSUB Clinical Testing Laboratory in response to the COVID-19 pandemic. The clinical testing lab has become a critical component in the University's comprehensive effort to safeguard the health and wellbeing of MSUB students. The lab conducts diagnostic testing for SARS-CoV-2, Influenza A and B, and RSV, and also provides learning opportunities for students in medical laboratory science fields.**



Find us on facebook:

facebook.com/MSUBillingsStudentHealthServices/  
facebook.com/MSUBHEROES/



## What students say about Student Health Services:

"They were very professional. I will definitely be using SHS again."

"Always a great experience and very friendly staff."

"I really feel comfortable coming to Student Health Services for help. I'm very happy to have this resource available to me!"

- 100% overall satisfaction with their visit to Student Health Services (satisfied or very satisfied)
- 93% of students would recommend Student Health Services to others (satisfied or very satisfied)

*\*MSU Billings Patient Satisfaction Assessment Survey (2021-2022 N=57)*

### Hours

#### University Campus Clinic & Counseling

Monday-Friday 8:00a - 5:00p

Phone: (406) 657-2153

#### City College

Tuesday-Thursday (hours vary)

Phone: (406) 247-3027

For more information contact Student Health Services

**406-657-2153**

**1-800-565-6782 ext. 2153**

**[msubillings.edu/studenthealth](https://msubillings.edu/studenthealth)**

Montana State University Billings | 1500 University Drive | Billings, Montana 59101-0245

Montana State University Billings has a policy of nondiscrimination in employment practices and in admissions, access to and conduct of educational programs and activities pursuant to title VII of the Civil Rights Act, Title IX of the Education Amendments, Section 504 of the Rehabilitation Act, Executive Order 11246 as amended, Vietnam era and Disabled Veterans Act, as amended, and the Montana State Human Rights Act. Any person with disabilities concerned about accessibility and/or accommodation issues should contact Disability Support Services (406) 657-2283.

For more information about the MSU Billings annual security report please go to: [www.msubillings.edu/police/default.htm](https://www.msubillings.edu/police/default.htm)

To access consumer information visit: [www.msubillings.edu/finaid/Consumer\\_Information.htm](https://www.msubillings.edu/finaid/Consumer_Information.htm)

